









If we were in person, we should show each other where the restrooms are. Over Zoom, there are things we can show each other to help each other feel comfortable, too. If you need any technical support, you can use the Chat feature to chat with Jessie or Chuck.





There are other norms we have that help Zoom meetings run smoothly and minimize awkwardness or misunderstanding.

- Mute unless you're speaking! We want to hear from everyone, but if all microphones are on at the same time, it creates audio feedback.
- Please turn on your video if you're able and willing. It helps build community when we can see one another's facial expressions.
- It also helps to use the Reactions feature on Zoom to express nonverbal cues that we'd normally see in-person. Take advantage of these!
- Lastly, multitask mindfully. We know everyone has a different comfort level with different aspects of Zoom; maybe you like using all of the features, or maybe you find it distracting. Use what works for you. And, please stay focused and present to this conversation, even though it may be tempting to multitask on unrelated things during our time together.



